DIETETICS AND NUTRITION (BS)

Description

The program in dietetics and nutrition provides an academic path for students to enter careers or advanced programs in dietetics and nutrition.

Minimum Total Credit Hours: 120

Goals/Mission Statement

The mission of the dietetics and nutrition and program is to prepare a diverse community of students who will be prepared academically and professionally to achieve success in postgraduate studies such as dietetic internships, graduate school and/or dietetic-related careers. Students will be able to analyze current academic and research literature, value lifelong learning, participate in community-based service learning activities, and demonstrate professional ethics.

Degree Requirements

The academic regulations for this degree program, as entered in the University of Mississippi Catalog, are in effect for the current or selected academic year and semester. The University of Mississippi reserves the right to

1. change or withdraw courses;
2. change rules for registration, instruction, and graduation; and
3. change other regulations affecting the student body at any time.

General Education

Code	Title	Hours
Select one of the following First Year Writing I courses:		3
HONR 1010	Freshman Honors I	
WRIT 1000	Introduction to College Writing	
WRIT 1010	First-Year Writing I	
Select one of the following First Year Writing II courses:		3
LIBA 1020	First Year Seminar	
WRIT 1020	First-Year Writing II	
HONR 1020	Freshman Honors II	
MATH 1210	College Algebra (or higher)	3
Select eight hours of Natural science with labs:		8
BISC 1600	Biological Sciences I	
BISC 1610	Biological Sciences I Laboratory	
GEOL 1010	Physical Geology	
GEOL 1110	Physical Geology Laboratory	
Select six hours of humanities from the following:		6
AAST 2010	African American Experience I	
AAST 2020	African American Experience II	
Classics		
English 2220-2226		
History		
Philosophy		
Religion		
ISOM 2010	Introduction to Gender Studies	
ISOM 2020	Introduction to Queer Studies	
SSTU 1000-level		
LIBA 2020	Interdisciplinary Humanities	
LIBA 3120	Advanced Interdisciplinary Humanities	
LIBA 3050	Humanities and the Experience of War	
HONR 1010	Freshman Honors I	
HONR 1020	Freshman Honors II	
Select three hours in the area of fine or performing arts. Choose from art history, music, dance, and theatre arts. [2]		3
ARTH 1010	Introduction to Western Art	
ARTH 1020	Art Beyond the West	
ARTH 2010	Global Art: Prehistory to 1500	
ARTH 2020	Global Art: 1300 to the Present	
MUSC 1010	Introduction to Music Literature	
MUSC 1020	Fundamentals of Music Theory	
MUSC 1030	Introduction to Music	
MUSC 1040	Introduction to World Music Cultures	
MUSC 1050	Music Theory and Analysis I	
DANC 2000	Dance Appreciation	
THEA 2010	Appreciation of the Theatre	
Select six hours of social or behavioral science:		6
PSYC 2001	Introduction to Psychology	
SOCY 1010	Introductory Sociology	
Total Hours		**32**

[1] Not CHEM 1010 Chemical Concepts

[2] Studio and workshop courses cannot be used to satisfy this requirement. Acceptable freshman or sophommore-level courses are: ARTH 1010 Introduction to Western Art, ARTH 1020 Art Beyond the West, ARTH 2010 Global Art: Prehistory to 1500, ARTH 2020 Global Art: 1300 to the Present; MUSC 1010 Introduction to Music Literature, MUSC 1020 Fundamentals of Music Theory, MUSC 1030 Introduction to Music, MUSC 1040 Introduction to World Music Cultures, MUSC 1050 Music Theory and Analysis I; DANC 2000 Dance Appreciation; and THEA 2010 Appreciation of the Theatre.

General Education II

Code	Title	Hours
MATH 1210	College Algebra (or higher)	3
Select one of the following statistics courses:		3
CRJU 2020	Statistics in Criminal Justice	
MATH 1150	Elementary Statistics	
ECON 2300	Economic Statistics I	
BUSN 2300	Economic Statistics I	
PSYC 2071	Statistics for Behavioral Sciences	
Select four hours of Human Biology with lab from the following:		4
BISC 1020	Inquiry Into Life: Human Biology	
or BISC 1030	Inquiry into Life Laboratory I	
BISC 1600	Biological Sciences I	
or BISC 1610	Biological Sciences I Laboratory	
BISC 2060	Human Anatomy and Physiology I	

BISC 2100	Principles of Microbiology	4
or BISC 3330	General Microbiology	
WRIT 2500	Advanced Composition	3
CHEM 1050	General Chemistry I	3
CHEM 1051	General Chemistry Laboratory I	1
CHEM 1060	General Chemistry II	3
CHEM 1061	General Chemistry Laboratory II	1
GBUS 3700	Entrepreneurship and Management	3
Select one of the following:		3
SPCH 1020	Fundamentals of Public Speaking	
SPCH 1050	Business and Professional Speech	
BUSN 2920	Business Communication	
SJNM 5350	Health Communication	
Student must complete 6 hours of general elective coursework to bring total hours completed for program to 124 hours.		6
Total Hours		**37**

Major Requirements

Code	Title	Hours
NAHM 1140	Introduction to Health Professions	2
NAHM 2110	Introduction to Culinary Science	3
NAHM 2130	Introduction to Culinary Science Lab	1
NAHM 3110	Nutrition	3
NAHM 4100	Fundamentals of Nutrition Assessment	3
NAHM 4140	Professional Development in Nutrition	3
NAHM 4150	Research in Culinary Science	3
NAHM 5110	Advanced Nutrition	3
NAHM 5310	Community Nutrition: Theory and App	3
NAHM 5320	Nutrition Edu and Coun: Theory & Practic	3
Total Hours		**27**

Other Academic Requirements

A verification statement documenting successful completion of all undergraduate course requirements is required for graduates to gain acceptance into accredited dietetic internship programs.

Emphasis - Dietetics

Description

The dietetics emphasis is designed for students who are seeking a career as a registered dietitian nutritionist.

Degree Requirements

Code	Title	Hours
CHEM 2210	Elementary Organic Chemistry I	3
CHEM 2211	Elementary Organic Chem. Laboratory I	1
Select one of the following:		3
CHEM 2710	Biochemical Concepts	
CHEM 3730	Intermediate Biochemistry	
CHEM 4710	Biochemistry I	
BISC 2070	Human Anatomy and Physiology II	4
NAHM 3090	Menu Planning and Analysis	3
NAHM 4120	Nutrition Therapy and Pathophysiology	3
NAHM 4410	Food Systems Management and Leadership	3
NAHM 5220	Nutrition Policy	3
NAHM 5330	Foodservice Management: Theory and App	3
NAHM 5340	Medical Nutrition Therapy: Theory and Ap	3
Total Hours		**29**

Minimum GPA in all NAHM classes: Students in this emphasis must earn a grade of "C" or better in all NAHM classes.

Emphasis - Child Nutrition

Description

The child nutrition emphasis is designed for students seeking a career in child nutrition.

Degree Requirements

Code	Title	Hours
ACCY 2010	Introduction to Accounting Principles I	3
GBUS 3500	Essentials of Marketing	3
ECON 2020	Principles of Microeconomics	3
or ECON 2030	Principles of Macroeconomics	
NAHM 3100	Hospitality Industry Accounting	3
NAHM 3280	Child Development	3
NAHM 3630	Foodservice Procurement	3
NAHM 4410	Food Systems Management and Leadership	3
NAHM 4690	Orientation to Child Nutrition Managemen	3
NAHM 5220	Nutrition Policy	3
NAHM 5330	Foodservice Management: Theory and App	3
Total Hours		**30**

Emphasis - Health Sciences

Description

The health sciences emphasis is designed for students who are seeking careers in a health-related profession.

Degree Requirements

Code	Title	Hours
CHEM 2210	Elementary Organic Chemistry I	3
CHEM 2211	Elementary Organic Chem. Laboratory I	1
Select one of the following:		3
CHEM 2710	Biochemical Concepts	
CHEM 4710	Biochemistry I	
CHEM 3730	Intermediate Biochemistry	
BISC 2070	Human Anatomy and Physiology II	4
or BISC 3300	Principles of Physiology	
CLSC 2010	Medical Terminology in Greek and Latin	3
or EXSC 3960	Allied Health Terminology	
PBHL 2030	First Aid and CPR	3
NAHM 3090	Menu Planning and Analysis	3
NAHM 4120	Nutrition Therapy and Pathophysiology	3
12 hrs 3000+ elective		12
Total Hours		**35**