Msl 101: Leadership and Personal Development

Military Science & Leadership

This course introduces students to the personal challenges and competencies that are critical for effective leadership. Students will examine the role of leadership, officership, and the Army profession as well as develop life skills such as goal setting, time management, physical fitness, and stress management. The focus is on developing basic knowledge and comprehension of Army leadership dimensions. Enrollment in this course does not incur a military obligation. (2.5 lecture, 3 lab hours)

3 Credits

Prerequisites

- Instructor Approval Required
- Freshman or Sophomore Classification Required

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for Msl 101
- Lab: Laboratory for Msl 101

Subject Areas

- Army JROTC/ROTC
- Air Science/Airpower Studies
- Army ROTC, Military Science and Operations, Other

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