

## **SRA 262: Therapeutic Recreation & Adaptive Sport**

### **[Health, Exercise Sci & Recreation Mgmt](#)**

A focus on the provision of inclusive recreation and sport services for persons with disabilities, with emphasis placed on the content areas of attitude, legislation, programming, accessibility/usability, and the characteristics and implications of varied disabling conditions. Exploration of history, legislation, and philosophical development of therapeutic recreation; study of etiology, needs, and characteristics of disabilities; analysis of principles, practices, and procedures, applicable for special populations in diverse settings. Course content will also include inclusive sports, Special Olympics, person-first philosophy, and adaptive sports/other rehabilitative activities.

3 Credits

### **Prerequisites**

- SRA majors or Applied Gerontology majors or Recreational Therapy minors or instructor approval.

### **Instruction Type(s)**

- Lecture: Lecture for SRA 262
- Lecture: iStudy for SRA 262
- Lecture: Web-based Lecture for SRA 262

### **Subject Areas**

- [Parks, Recreation and Leisure Facilities Management](#)
- [Parks, Recreation, Leisure and Fitness Studies, Other](#)

