HP 191: Personal and Community Health

**Health, Exercise Sci & Recreation Mgmt**

A comprehensive health course, including principles and practices of healthful living for the individual and community; major health problems; responsibilities of home, school, health agencies.

3 Credits

**Instruction Type(s)**
- Lecture: Lecture for HP 191
- Lecture: iStudy for HP 191

**Subject Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies