ES 613: Health Aspects of Physical Activity

An examination of the role of physical activity as it relates to health status with an emphasis on the use of exercise in mediating risk factors, and a critical analysis of the exercise epidemiological literature.

3 Credits

**Instruction Type(s)**
- Lecture: Lecture for ES 613

**Subject Areas**
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies