

ES 542: Sports Psychology **[Health, Exercise Sci & Recreation Mgmt](#)**

Examination of motivation, personality, and other personal performance- related issues affecting sports.

3 Credits

Prerequisites

- Prerequisite: Junior standing (60 hr).

Instruction Type(s)

- Lecture: Lecture for ES 542

Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

