EL 453: Advanced Sports Conditioning

Health, Exercise Sci & Recreation Mgmt

Pass/Fail grade
1 Credit

Prerequisites
- Pre-Requisite: 24 Earned Hours

Instruction Type(s)
- Lecture/Lab: Lecture/Lab for EL 453

Course Fee(s)
- Applied Science
  - $50.00

Subject Areas
- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas
- Health and Physical Education/Fitness, Other