EL 251: Advanced Weight Lifting
Health, Exercise Sci & Recreation Mgmt
Pass/Fail grade
1 Credit

**Instruction Type(s)**
- Lecture/Lab: Lecture/Lab for EL 251

**Course Fee(s)**
- Applied Science
  - $50.00

**Subject Areas**
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**
- Health and Physical Education/Fitness, Other