EL 174: Water Safety Instructor
Health, Exercise Sci & Recreation Mgmt

Techniques of aquatic instruction to include basic water safety, emergency water safety and progression swimming. Red Cross certification is possible.
Prerequisite: Proficient swimming skills to include: front crawl, back crawl, elementary backstroke, breaststroke, sidestroke. Must pass pretest. Must be lifeguard certified or possess emergency water safety certification.

2 Credits

**Instruction Type(s)**
- Lecture/Lab: Lecture/Lab for EL 174

**Course Fee(s)**
- Applied Science: $50.00

**Subject Areas**
- Health and Physical Education, General
- Kinesiology and Exercise Science

**Related Areas**
- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies