EL 151: Weight Lifting

Health, Exercise Sci & Recreation Mgmt

Pass/Fail grade

1 Credit

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for EL 151

Course Fee(s)

- Applied Science 2
  - $50.00

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other