

## EL 149: Introduction to Pickleball and Tennis Health, Exercise Sci & Recreation Mgmt

This course is an introductory course to tennis and pickleball designed to teach the rules and fundamentals of both games. 1 Credit

Instruction Type(s) • Leture: Lecture for EL 149

## Subject Areas

Kinesiology and Exercise Science

## **Related Areas**

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

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