EL 100: Wilderness Living Techniques

Health, Exercise Sci & Recreation Mgmt

Basics of outdoor living skills focusing on camping, orienteering, basic survival, cooking, natural food identification and preparation, and trip planning.

Pass/Fail grade

1 Credit

Prerequisites

- First eight weeks only, field trip and fee required

Instruction Type(s)

- Lecture/Lab: Lecture/Lab for EL 100

Course Fee(s)

Applied Science

- $50.00

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Socio-Psychological Sports Studies