Health, Exercise Sci & Recreation Mgmt

Overview
Academics & Admissions
Programs
Minors
Courses
Faculty

Courses
- EL 100: Wilderness Living Techniques
- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 155: Walking I
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 175: Lifeguarding Instructor
- EL 200: Teaching Techniques for Land-Based Adven
- EL 217: Advanced Volleyball
- EL 218: Advanced Fencing
- EL 219: Advanced Archery
- EL 224: Advanced Racquetball
- EL 229: Advanced Body Contouring & Conditioning
- EL 231: Teaching Techniques for Small Craft
- EL 233: Sports Officiating I
- EL 234: Sports Officiating II
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
• EL 342: Master Diver
• EL 352: Coaching Football
• EL 353: Advanced Sports Conditioning
• EL 354: Coaching Basketball
• EL 355: Coaching Baseball-Softball
• EL 357: Coaching Volleyball
• EL 359: Coaching Track and Field
• EL 442: Dive Supervisor
• EL 453: Advanced Sports Conditioning
• ES 100: Introduction to Exercise Science
• ES 104: Sports in the Ancient World
• ES 319: Sport and Society
• ES 338: Motor Learning and Control
• ES 344: Aging in the 21st Century
• ES 348: Kinesiology
• ES 349: Physiology of Exercise
• ES 350: Research Methods in HESRM
• ES 351: Measurement & Statistics in Exercise Sci
• ES 352: Trends & Topics in Exercise Science
• ES 354: Therapeutic Exercise and Fitness
• ES 356: Allied Health Terminology
• ES 392: Exercise Leadership
• ES 393: Behavioral Aspects of Exercise
• ES 448: Biomechanics of Human Movement
• ES 447: Biomechanics Laboratory
• ES 456: Exercise Testing & Prescription
• ES 457: Exercise Testing & Prescription Lab
• ES 471: Mgmt. of Health, Fitness and Sport Progr
• ES 473: Practicum
• ES 490: Independent Study
• ES 493: Internship
• ES 512: Foundations of Biomechanics
• ES 514: Applied Electromyography
• ES 515: Stress and the Brain
• ES 542: Sports Psychology
• ES 544: The American Woman in Sports
• ES 548: Biomechanics of Injury
• ES 574: Selected Problems in Special Populations
• ES 608: Methods & Procedures of Graded Exercise
• ES 609: Motor Behavior
• ES 610: Internship in Exercise Science
• ES 611: Exercise Physiology I
• ES 612: Instrumentation & Analysis in Biomechan
• ES 613: Health Aspects of Physical Activity
• ES 614: Cardiovascular Physiology
• ES 615: Physiological Aspects of Aging
• ES 616: Exercise Physiology II
• ES 618: Advanced Muscle Physiology
• ES 620: Selected Topics in Exercise Science
• ES 625: Research Design and Evaluation
• ES 632: Advanced Structural Kinesiology
• ES 644: Control of Human Voluntary Movement
• ES 650: Seminar In Exercise Science
• ES 651: Advanced Individual Study
• ES 652: Advanced Individual Study
• ES 653: Independent Research
• ES 655: Problems in PE/Health Education
• ES 697: Thesis
- **ES 750**: Advanced Seminar in Exercise Science  
- **Espr 797**: Dissertation  
- **HK 710**: Meta-Analysis  
- **HK 711**: Measurement Theory and Practice  
- **HK 750**: Seminar in Health and Kinesiology  
- **HK 797**: Dissertation  
- **HP 191**: Personal and Community Health  
- **HP 203**: First Aid and CPR  
- **HP 303**: Prevention & Care of Athletic Injuries  
- **HP 312**: Behavioral Aspects of Weight Mgmt  
- **HP 403**: Advanced Athletic Training  
- **HP 506**: Current Topics  
- **HP 600**: Foundations of Health Promotion  
- **HP 605**: Health Promotion Planning  
- **HP 615**: Personal Health Promotion  
- **HP 625**: Research Design and Evaluation  
- **HP 626**: Statistical Analysis I  
- **HP 627**: Internship in Health Promotion  
- **HP 635**: Theories in Health Promotion  
- **HP 645**: Organization & Admin. of Health Promotio  
- **HP 646**: Introduction to Epidemiology  
- **HP 651**: Advanced Independent Study  
- **HP 652**: Advanced Individual Study  
- **HP 653**: Independent Research  
- **HP 665**: Special Topics in Health Behavior  
- **HP 675**: Advanced Theoretical Appl Hlth Behavior  
- **HP 685**: Program Evaluation in Health Behavior  
- **HP 695**: Human Health and Illness  
- **HP 697**: Thesis  
- **SRA 194**: Foundations of Leisure and Recreation  
- **SRA 200**: Park & Recreation Program Leadership  
- **SRA 262**: Introduction to Therapeutic Recreation  
- **SRA 270**: The Business of Sport  
- **SRA 301**: Planning & Evaluation in SRA  
- **SRA 302**: Program Planning & Development  
- **SRA 311**: Mktn. & Communication in Sport & Rec.  
- **SRA 330**: Sport Governance and Policy  
- **SRA 332**: Outdoor Recreation  
- **SRA 370**: Sports Economics and Finance  
- **SRA 371**: Camp Leadership  
- **SRA 372**: Procedures and Techniques in Therapeutic  
- **SRA 375**: Recreational Sports Programming  
- **SRA 380**: Current Issues in Travel & Tourism Mgmt.  
- **SRA 388**: Assessment/Planning in Therapeutic Rec  
- **SRA 391**: Practicum in Recreation Administration I  
- **SRA 392**: Practicum in Rec. Administration II  
- **SRA 400**: Professional Development  
- **SRA 401**: Internship in Recreation Administration  
- **SRA 410**: Senior Seminar: Professional Development  
- **SRA 425**: Design and Maintenance of Facilities  
- **SRA 471**: Admin. of Recreation Admin. Programs  
- **SRA 473**: Supervision and Administration of Therap  
- **SRA 475**: Legal Aspects of Sport and Recreation  
- **SRA 490**: Independent Study  
- **SRA 497**: Cooperative Field Practicum  
- **SRA 498**: Cooperative Field Practicum  
- **SRA 499**: Cooperative Field Practicum  
- **SRA 510**: Entrepreneurial Recreation  
- **SRA 539**: Outdoor Resources Management
- SRA 569: Strategies & Applications in Outdoor Edu
- SRA 574: Current Trends in Therapeutic Recreation
- SRA 600: Issues & Trends in Recreation Admin. Prog
- SRA 601: Recreation Admin. Program Dev & Promotion
- SRA 602: Assessment & Evaluation of Rec. Admin. Prog
- SRA 625: Research Design and Evaluation
- SRA 627: Internship
- SRA 628: Qualitative Inquiry
- SRA 650: Seminar in Community & Rural Tourism
- SRA 651: Advanced Independent Study
- SRA 652: Advanced Independent Study
- SRA 653: Independent Research
- SRA 654: Directed Event Programming
- SRA 660: Sport and Leisure Economics
- SRA 671: Recreation Admin. Program Administration
- SRA 680: Leisure Programming for Senior Adults
- SRA 691: Principles & Practices of Leisure & Recr
- SRA 697: Thesis