Health, Exercise Sci & Recreation Mgmt

Overview
Academics & Admissions
Programs
Minors
Courses
Faculty

Courses
- EL 100: Wilderness Living Techniques
- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 155: Walking I
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 175: Lifeguarding Instructor
- EL 200: Teaching Techniques for Land-Based Adven
- EL 217: Advanced Volleyball
- EL 218: Advanced Fencing
- EL 219: Advanced Archery
- EL 224: Advanced Racquetball
- EL 229: Advanced Body Contouring & Conditioning
- EL 231: Teaching Techniques for Small Craft
- EL 233: Sports Officiating I
- EL 234: Sports Officiating II
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise
• EL 342: Master Diver
• EL 352: Coaching Football
• EL 353: Advanced Sports Conditioning
• EL 354: Coaching Basketball
• EL 355: Coaching Baseball-Softball
• EL 357: Coaching Volleyball
• EL 359: Coaching Track and Field
• EL 442: Dive Supervisor
• EL 453: Advanced Sports Conditioning
• ES 100: Introduction to Exercise Science
• ES 104: Sports in the Ancient World
• ES 200: Principles of Personal Training
• ES 319: Sport and Society
• ES 338: Motor Learning and Control
• ES 344: Aging in the 21st Century
• ES 346: Kinesiology
• ES 347: Kinesiology Lab
• ES 348: Physiology of Exercise
• ES 349: Physiology of Exercise Laboratory
• ES 350: Research Methods in HESRM
• ES 351: Measurement & Statistics in Exercise Sci
• ES 352: Trends & Topics in Exercise Science
• ES 354: Therapeutic Exercise and Fitness
• ES 356: Allied Health Terminology
• ES 402: Found. of Health and Human Performance
• ES 440: Behavioral Aspects of Exercise
• ES 446: Biomechanics of Human Movement
• ES 447: Biomechanics Laboratory
• ES 456: Exercise Testing & Prescription
• ES 457: Exercise Testing & Prescription Lab
• ES 471: Mgmt. of Health, Fitness and Sport Progr
• ES 473: Practicum
• ES 490: Independent Study
• ES 493: Internship
• ES 503: Data Analytics and Methodologies
• ES 511: Applied Statistics
• ES 512: Foundations of Biomechanics
• ES 514: Applied Electromyography
• ES 515: Stress and the Brain
• ES 542: Sports Psychology
• ES 544: The American Woman in Sports
• ES 548: Biomechanics of Injury
• ES 574: Selected Problems in Special Populations
• ES 603: Data Analytics Methodologies
• ES 606: Ethics and Human Subjects Research
• ES 608: Methods & Procedures of Graded Exercise
• ES 609: Motor Behavior
• ES 610: Internship in Exercise Science
• ES 611: Exercise Physiology I
• ES 612: Instrumentation & Analysis in Biomechan
• ES 613: Health Aspects of Physical Activity
• ES 614: Cardiovascular Physiology
• ES 615: Physiological Aspects of Aging
• ES 616: Exercise Physiology II
• ES 618: Advanced Muscle Physiology
• ES 620: Selected Topics in Exercise Science
• ES 625: Research Design and Evaluation
• ES 626: Statistical Analysis I
• ES 632: Advanced Structural Kinesiology
The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master’s, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

https://catalog.olemiss.edu/2023/fall/undergraduate/applied-sciences/health-exercise-sci-recreation-mgmt/courses
SA 602: Predictive Analytics in Sport
SA 603: Big Data Analytics and Data Management
SA 604: Quantitative and Qualitative Research Methods
SA 605: Communication & Data Visualization in Sport
SA 611: Sport Business
SA 612: Sport Economic Analytics
SA 613: Machine Learning in Sport
SA 621: Data Analytics in Strength & Conditioning
SA 622: Physiological Aspects of Sport Performance & Monitor
SA 623: Data-Based Prevention & Management of Sport Injury
SA 693: Sport Analytics Capstone
SRA 194: Foundations of Leisure and Recreation
SRA 200: Park & Recreation Program Leadership
SRA 262: Introduction to Therapeutic Recreation
SRA 270: The Business of Sport
SRA 301: Planning & Evaluation in SRA
SRA 302: Program Planning & Development
SRA 311: Marketing & Communication in Sport & Recreation
SRA 330: Sport Governance and Policy
SRA 332: Outdoor Recreation
SRA 370: Sports Economics and Finance
SRA 371: Camp Leadership
SRA 372: Procedures and Techniques in Therapeutic Recreation
SRA 375: Recreational Sports Programming
SRA 380: Current Issues in Travel & Tourism Management
SRA 388: Assessment/Planning in Therapeutic Recreation
SRA 391: Practicum in Recreation Administration I
SRA 392: Practicum in Recreation Administration II
SRA 394: Therapeutic Exercise and Fitness
SRA 400: Professional Development
SRA 401: Internship in Recreation Administration
SRA 410: Senior Seminar: Professional Development
SRA 425: Design and Maintenance of Facilities
SRA 471: Administration of Recreation Administration Programs
SRA 473: Supervision and Administration of Therapeutic Recreation
SRA 475: Legal Aspects of Sport and Recreation
SRA 490: Independent Study
SRA 497: Cooperative Field Practicum
SRA 498: Cooperative Field Practicum
SRA 499: Cooperative Field Practicum
SRA 503: Data Analytics and Methodologies
SRA 510: Entrepreneurial Recreation
SRA 511: Applied Statistics
SRA 539: Outdoor Resources Management
SRA 569: Strategies & Applications in Outdoor Education
SRA 574: Current Trends in Therapeutic Recreation
SRA 580: Recreational Therapy for Older Adults
SRA 600: Issues & Trends in Recreation Administration
SRA 601: Recreation Administration Program Development & Promotion
SRA 602: Assessment & Evaluation of Recreation Administration
SRA 603: Data Analytics Methodologies
SRA 606: Ethics and Human Subjects Research
SRA 625: Research Design and Evaluation
SRA 626: Statistical Analysis I
SRA 627: Internship
SRA 628: Qualitative Inquiry
SRA 650: Seminar in Community & Rural Tourism
SRA 651: Advanced Independent Study
SRA 652: Advanced Independent Study

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- SRA 653: Independent Research
- SRA 654: Directed Event Programming
- SRA 660: Sport and Leisure Economics
- SRA 671: Recreation Admin. Program Administration
- SRA 672: Business of Sport and Recreation
- SRA 680: Leisure Programming for Senior Adults
- SRA 691: Principles & Practices of Leisure & Recr
- SRA 697: Thesis