Health, Exercise Sci & Recreation Mgmt

Overview
Academics & Admissions
Programs
Minors
Courses
Faculty

Courses
- EL 100: Wilderness Living Techniques
- EL 103: Ropes Courses and Climbing Basics
- EL 105: Self Defense Activities
- EL 111: Cycling
- EL 117: Volleyball
- EL 118: Beginning Fencing
- EL 119: Archery
- EL 120: Intro to Lifetime Leisure Activities
- EL 124: Racquetball
- EL 129: Body Contouring and Conditioning
- EL 132: Canoeing
- EL 133: Backpacking
- EL 134: Kayaking
- EL 137: Bowling
- EL 139: Golf
- EL 142: Open Water Scuba Diving
- EL 147: Tennis
- EL 151: Weight Lifting
- EL 153: Sports Conditioning
- EL 154: Coaching Soccer
- EL 155: Walking I
- EL 156: Jogging
- EL 158: Low Impact Aerobics
- EL 159: High Impact Aerobics
- EL 169: Aqua Exercise
- EL 170: Beginning Swimming
- EL 171: Intermediate Swimming
- EL 172: Advanced Swimming
- EL 173: Lifeguarding
- EL 174: Water Safety Instructor
- EL 175: Lifeguarding Instructor
- EL 200: Teaching Techniques for Land-Based Adven
- EL 217: Advanced Volleyball
- EL 218: Advanced Fencing
- EL 219: Advanced Archery
- EL 224: Advanced Racquetball
- EL 229: Advanced Body Contouring & Conditioning
- EL 231: Teaching Techniques for Small Craft
- EL 233: Sports Officiating I
- EL 234: Sports Officiating II
- EL 237: Advanced Bowling
- EL 239: Advanced Golf
- EL 242: Advanced Open Water Scuba Diving
- EL 247: Advanced Tennis
- EL 251: Advanced Weight Lifting
- EL 253: Advanced Sports Conditioning
- EL 255: Coaching Tennis
- EL 269: Advanced Aqua Exercise

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master’s, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

https://catalog.olemiss.edu/2018/spring/undergraduate/applied-sciences/health-exercise-sci-recreation-mgmt/courses
EL 342: Master Diver
EL 352: Coaching Football
EL 353: Advanced Sports Conditioning
EL 354: Coaching Basketball
EL 355: Coaching Baseball-Softball
EL 357: Coaching Volleyball
EL 359: Coaching Track and Field
EL 442: Dive Supervisor
EL 453: Advanced Sports Conditioning
ES 100: Introduction to Exercise Science
ES 104: Sports in the Ancient World
ES 319: Sport and Society
ES 338: Motor Learning and Control
ES 344: Aging in the 21st Century
ES 346: Kinesiology
ES 348: Physiology of Exercise
ES 349: Physiology of Exercise Laboratory
ES 350: Research Methods in HESRM
ES 351: Measurement & Statistics in Exercise Sci
ES 391: Trends & Topics in Exercise Science
ES 394: Therapeutic Exercise and Fitness
ES 396: Allied Health Terminology
ES 402: Exercise Leadership
ES 440: Behavioral Aspects of Exercise
ES 446: Biomechanics of Human Movement
ES 447: Biomechanics Laboratory
ES 456: Exercise Testing & Prescription
ES 457: Exercise Testing & Prescription Lab
ES 471: Mgmt. of Health, Fitness and Sport Progr
ES 473: Practicum
ES 490: Independent Study
ES 493: Internship
ES 512: Foundations of Biomechanics
ES 514: Applied Electromyography
ES 515: Stress and the Brain
ES 542: Sports Psychology
ES 544: The American Woman in Sports
ES 548: Biomechanics of Injury
ES 574: Selected Problems in Special Populations
ES 608: Methods & Procedures of Graded Exercise
ES 609: Motor Behavior
ES 610: Internship in Exercise Science
ES 611: Exercise Physiology I
ES 612: Instrumentation & Analysis in Biomechan
ES 613: Health Aspects of Physical Activity
ES 614: Cardiovascular Physiology
ES 615: Physiological Aspects of Aging
ES 616: Exercise Physiology II
ES 618: Advanced Muscle Physiology
ES 620: Selected Topics in Exercise Science
ES 625: Research Design and Evaluation
ES 632: Advanced Structural Kinesiology
ES 644: Control of Human Voluntary Movement
ES 650: Seminar In Exercise Science
ES 651: Advanced Individual Study
ES 652: Advanced Individual Study
ES 653: Independent Research
ES 655: Problems in PE/Health Education
ES 697: Thesis

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master’s, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

https://catalog.olemiss.edu/2018/spring/undergraduate/applied-sciences/health-exercise-sci-recreation-mgmt/courses
• ES 750: Advanced Seminar in Exercise Science
• Espr 797: Dissertation
• HK 710: Meta-Analysis
• HK 711: Measurement Theory and Practice
• HP 191: Personal and Community Health
• HP 203: First Aid and CPR
• HP 303: Prevention & Care of Athletic Injuries
• HP 312: Behavioral Aspects of Weight Mgmt
• HP 403: Advanced Athletic Training
• HP 506: Current Topics
• HP 600: Foundations of Health Promotion
• HP 605: Health Promotion Planning
• HP 615: Personal Health Promotion
• HP 625: Research Design and Evaluation
• HP 626: Statistical Analysis I
• HP 627: Internship in Health Promotion
• HP 635: Theories in Health Promotion
• HP 645: Organization & Admin. of Health Promotio
• HP 646: Introduction to Epidemiology
• HP 651: Advanced Independent Study
• HP 652: Advanced Individual Study
• HP 653: Independent Research
• HP 665: Special Topics in Health Behavior
• HP 675: Advanced Theoretical Appl Hlth Behavior
• HP 685: Program Evaluation in Health Behavior
• HP 695: Human Health and Illness
• HP 697: Thesis
• HP 750: Seminar in Health Promotion
• HP 797: Dissertation
• SRA 194: Foundations of Leisure and Recreation
• SRA 200: Park & Recreation Program Leadership
• SRA 262: Introduction to Therapeutic Recreation
• SRA 270: The Business of Sport
• SRA 301: Planning & Evaluation in SRA
• SRA 302: Program Planning & Development
• SRA 311: Mktn. & Communication in Sport & Rec.
• SRA 330: Sport Governance and Policy
• SRA 332: Outdoor Recreation
• SRA 370: Sports Economics and Finance
• SRA 371: Camp Leadership
• SRA 372: Procedures and Techniques in Therapeuticc
• SRA 375: Recreational Sports Programming
• SRA 380: Current Issues in Travel & Tourism Mgmt.
• SRA 388: Assessment/Planning in Therapeutic Rec
• SRA 391: Practicum in Recreation Administration I
• SRA 392: Practicum in Rec. Administration II
• SRA 400: Professional Development
• SRA 401: Internship in Recreation Administration
• SRA 410: Senior Seminar: Professional Development
• SRA 425: Design and Maintenance of Facilities
• SRA 471: Admin. of Recreation Admin. Programs
• SRA 473: Supervision and Administration of Therap
• SRA 475: Legal Aspects of Sport and Recreation
• SRA 490: Independent Study
• SRA 497: Cooperative Field Practicum
• SRA 498: Cooperative Field Practicum
• SRA 499: Cooperative Field Practicum
• SRA 510: Entrepreneurial Recreation
• SRA 539: Outdoor Resources Management
• SRA 569: Strategies & Applications in Outdoor Edu
• SRA 574: Current Trends in Therapeutic Recreation
• SRA 600: Issues & Trends in Recreation Admin. Prog
• SRA 601: Recreation Admin. Program Dev & Promotion
• SRA 602: Assessment & Evaluation of Rec. Admin. Prog
• SRA 625: Research Design and Evaluation
• SRA 627: Internship
• SRA 628: Qualitative Inquiry
• SRA 650: Seminar in Community & Rural Tourism
• SRA 651: Advanced Independent Study
• SRA 652: Advanced Independent Study
• SRA 653: Independent Research
• SRA 654: Directed Event Programming
• SRA 660: Sport and Leisure Economics
• SRA 671: Recreation Admin. Program Administration
• SRA 680: Leisure Programming for Senior Adults
• SRA 691: Principles & Practices of Leisure & Recreational Programming
• SRA 697: Thesis