

### ES 618: Advanced Muscle Physiology Health, Exercise Sci & Recreation Mgmt

An in-depth study into human skeletal muscle structure and function with reference to exercise-induced plasticity, peak performance, age-related sarcopenia, and clinical pathologies.

# 3 Credits

## Prerequisites

- ES 348: Physiology of Exercise
- ES 611: Exercise Physiology I

#### Instruction Type(s)

• Lecture: Lecture for ES 618

#### **Subject Areas**

• Health and Physical Education, General

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management
- <u>Sports Studies</u>

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