

# ES 391: Trends & Topics in Exercise Science Health, Exercise Sci & Recreation Mgmt

Identification and analysis of trends and topics in exercise science.

3 Credits

## **Prerequisites**

• Pre-Requisite: 24 Earned Hours

## **Instruction Type(s)**

• Lecture: Lecture for ES 391

• Lecture: Web based lecture for ES 391

#### **Subject Areas**

• Health and Physical Education, General

• Kinesiology and Exercise Science

### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

