

ES 618: Advanced Muscle Physiology

[Health, Exercise Sci & Recreation Mgmt](#)

In this course we will conduct an in-depth study into human skeletal muscle structure and function, peak performance, age-related sarcopenia, and how exercise can impact skeletal muscle at all levels.

3 Credits

Instruction Type(s)

- Lecture: Lecture for ES 618
- Lecture: Web-based Lecture for ES 618

Subject Areas

- [Health and Physical Education, General](#)

Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Kinesiology and Exercise Science](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

