

# ES 391: Trends & Topics in Exercise Science

## [Health, Exercise Sci & Recreation Mgmt](#)

Identification and analysis of trends and topics in exercise science.

3 Credits

### Prerequisites

- Pre-Requisite: 24 Earned Hours

### Instruction Type(s)

- Lecture: Lecture for ES 391
- Lecture: Web based lecture for ES 391

### Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

