

## **EL 148: Introduction to Pickleball**

### **[Health, Exercise Sci & Recreation Mgmt](#)**

EL 148 is an introductory course designed to teach the rules and fundamentals of the game of pickleball.

1 Credit

#### **Instruction Type(s)**

- Lecture: Lecture for EL 148

#### **Subject Areas**

- [Kinesiology and Exercise Science](#)

#### **Related Areas**

- [Health and Physical Education, General](#)
- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

