

# Psy 412: Sports Psychology

## [Psychology](#)

Students study motivation, personality, and other personal performance- related issues affecting sports.

3 Credits

### Prerequisites

- Pre-requisite: 9 hours of Psy Courses with minimum grade of C

### Instruction Type(s)

- Lecture: Lecture for Psy 412
- Lecture: Web-based Lecture for Psy 412
- Lecture: Compressed Video for Psy 412

### Subject Areas

- [Psychology, General](#)
- [Sports Studies](#)

