

# Psy 410: Health Psychology

## [Psychology](#)

Students survey of psychological approaches to promoting physical health and treating medical illnesses. Health-related topics include promotion of health behaviors, primary prevention of disease, stress and coping, substance use, and psychoneuroimmunology. The course also surveys psychological risk factors and interventions for various chronic medical conditions such as obesity, diabetes, cardiovascular disease, pain, and cancer.

3 Credits

### Prerequisites

- Pre-Requisite: 24 Earned Hours
- Prerequisite: 9 hours of psychology courses (C minimum).

### Instruction Type(s)

- Lecture: Lecture for Psy 410
- Lecture: Compressed Video for Psy 410

### Subject Areas

- [Health/Medical Psychology](#)
- [Clinical Psychology](#)

### Related Areas

- [Applied Behavior Analysis](#)
- [Applied Psychology](#)
- [Educational Psychology](#)
- [Environmental Psychology](#)
- [Family Psychology](#)
- [Forensic Psychology](#)
- [Geropsychology](#)
- [Industrial and Organizational Psychology](#)

