

# SRA 580: Recreational Therapy for Older Adults

## [Health, Exercise Sci & Recreation Mgmt](#)

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings.

3 Credits

### Instruction Type(s)

- Lecture: Lecture for SRA 580

### Subject Areas

- [Therapeutic Recreation/Recreational Therapy](#)
- [Parks, Recreation and Leisure Facilities Management](#)

