

## EL 148: Introduction to Pickleball

### [Health, Exercise Sci & Recreation Mgmt](#)

EL 148 is an introductory course designed to teach the rules and fundamentals of the game of pickleball.

1 Credit

### Instruction Type(s)

- Lecture: Lecture for EL 148

### Subject Areas

- [Kinesiology and Exercise Science](#)

### Related Areas

- [Health and Physical Education, General](#)
- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

