

## PH 191: Personal and Community Health Public Health

A comprehensive health course, including principles and practices of healthful living for the individual and community; major health problems; responsibilities of home, school, health agencies.

3 Credits

## Instruction Type(s)

- Lecture: Lecture for PH 191
- Lecture: iStudy for PH 191
- Lecture: Web-based Lecture for PH 191

## Subject Areas

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other

## **Related Areas**

- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management

