

## NHM 515: Nutrition Along the Weight Continuum Nutrition & Hospitality Management

Comprehensive exploration of weight-related topics concerning individuals across the spectrum of body weights. Students will understand issues concerning the development and health effects of weight-centric eating behaviors using an evidence-based approach. Obesity and eating disorders, diverse body types, cultural contexts, and socioeconomic factors will be examined.

3 Credits

## Instruction Type(s)

Lecture: Lecture for NHM 515

## **Subject Areas**

Foods, Nutrition, and Wellness Studies, General

## **Related Areas**

- Dietetics/Human Nutritional Services
- Foodservice Systems Administration/Management

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

