

## Emphasis - Dietetics

- [B.S. in Dietetics and Nutrition](#)
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### **B.S. in Dietetics and Nutrition** **Description**

The program in dietetics and nutrition provides an academic path for students to enter careers or advanced programs in dietetics and nutrition.

**Minimum Total Credit Hours: 120**

#### **Goals/Mission Statement**

The mission of the dietetics and nutrition and program is to prepare a diverse community of students who will be prepared academically and professionally to achieve success in postgraduate studies such as dietetic internships, graduate school and/or dietetic-related careers. Students will be able to analyze current academic and research literature, value lifelong learning, participate in community-based service learning activities, and demonstrate professional ethics.

#### **General Education Requirements**

See the General Education/Core Curriculum for the School of Applied Sciences. Students in this major, however, must take Bisc 102/103 OR 160/161 OR Bisc 206 to fulfill the "Human Biology w/Lab." Students must also take Bisc 210 OR Bisc 333 for the "Additional Science w/Lab" requirement.

An additional 20 hours are required in the following courses: Chem 105/115, Chem 106/116, GB 370, Spch 102, 105 OR IMC 585 OR Bus 271, Writ 250.

#### **Course Requirements**

All B.S.D.N. students require the following 23 hours of credit:

	<b>Hours</b>
NHM 114 Intro to Nutrition Professions	2
NHM 211 Introduction to Culinary Science	3
NHM 213 Introduction to Culinary Science Lab	1
NHM 311 Nutrition	3
NHM 410 Fundamentals of Nutrition Assessment	3
NHM 414 Professional Development in Nutrition	3
NHM 415 Research in Culinary Science	3
NHM 511 Advanced Nutrition	3
NHM 531 Community Nutrition: Theory and App.	3
NHM 532 Nutrition Edu and Coun: Theory & Practic	3

A minimum grade of C is required in all NHM core courses.

#### **Other Academic Requirements**

A verification statement documenting successful completion of all undergraduate course requirements is required for graduates to gain acceptance into accredited dietetic internship programs.

### **Emphasis - Dietetics** **Description**

The dietetics emphasis is designed for students who are seeking a career as a registered dietitian nutritionist.

#### **General Education Requirements**

Students must meet all general education, additional support, and core NHM class requirements. Students must have department approval to add this emphasis.

#### **Course Requirements**

Students enrolled in the dietetics emphasis must take the following 34 hours:

- Chem 221 - Elementary Organic Chemistry I (3 hours)
- Chem 225 - Elementary Organic Chemistry I Lab (1 hour)
- Chem 271 - Biochemical Concepts (3 hours) OR Chem 471 - Biochemistry(3 hours)
- Bisc 207 - Human Anatomy & Physiology II (4 hours)
- NHM 309 - Menu Design and Analysis (3 hours)
- NHM 412 - Nutrition Therapy and Pathophysiology (3 hours)
- NHM 441 - Foodsystems Management and Leadership (3 hours)
- NHM 522 - Nutrition Policy (3 hours)
- NHM 533 - Foodservice Management: Theory and App. (3 hours)
- NHM 534 - Medical Nutrition Therapy: Theory and App.

#### **Other Academic Requirements**

Students in this emphasis must earn a grade of "C" or better in all NHM classes. Students completing a B.S.D.N. degree with the dietetics emphasis will receive a verification statement that will allow graduates to apply to accredited dietetic internship or coordinated master's programs. Graduates may also use the verification statement to take the exam leading to the credential of nutrition and dietetics technician, registered (NDTR).

