

ES 609: Motor Behavior Health, Exercise Sci & Recreation Mgmt

A theoretical and practical focus upon the improvement of human motor performance and development of perceptual-motor skills.

3 Credits

Instruction Type(s)

• Lecture: Lecture for ES 609

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management



