

## PH 635: Theories in Health Health, Exercise Sci & Recreation Mgmt

Selected health behavior theories and their application to public health will be covered. Using a social ecological framework, we examine theories, research, and interventions that aim to promote the health of individuals, communities, and populations. 3 Credits

## Instruction Type(s)

- Seminar: Seminar for PH 635
- Seminar: Web-based Seminar for PH 635
- Seminar: Online Program for PH 635

## **Subject Areas**

- · Health and Physical Education, General
- · Health and Physical Education/Fitness, Other

## **Related Areas**

- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management

