

# ES 611: Exercise Physiology I Health, Exercise Sci & Recreation Mgmt

The effects of exercise on the function of the organic systems of the body. 3 Credits

#### **Prerequisites**

- ES 348: Physiology of Exercise
- ES 349: Physiology of Exercise Laboratory

## **Instruction Type(s)**

• Lecture: Lecture for ES 611

## **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies