

## **NHM 516: Nutrition in Aging**

### **Nutrition & Hospitality Management**

Nutritional needs of the aged, including concepts of menu selection and preparation. Psychological, physiological, and socioeconomic factors affecting dietary problems and practices among the elderly.

Prerequisite requirements for this course may also be satisfied by equivalent course work as approved by the department.

3 Credits

### **Prerequisites**

- [NHM 311: Nutrition](#)

### **Instruction Type(s)**

- Lecture: Lecture for NHM 516

### **Subject Areas**

- [Foods, Nutrition, and Wellness Studies, General](#)

### **Related Areas**

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

