

# Minor - Food Studies Description

The minor in food studies examines food from multiple perspectives. Core courses focus on an introduction to food studies, basic food principles, and cultural and economic aspects of food. Electives allow students to select courses that complement their academic and career interests, including food production and product development, food-related media and writing, food history and culture, local and global health, advocacy, and policy.

## **Course Requirements**

#### **Required Courses (6 hours)**

- NHM 101 Introduction to Food Studies (3 hours)
- NHM 211 Introduction to Culinary Sciences (3 hours)

#### **Elective Courses (12 hours)**

- NHM 111 SERVSAFE (1 hour)
- NHM 213 Principles of Culinary Science Lab (1 hour)
- NHM 268 Food, Culture, and Global Citizenship (3 hours)
- NHM 311 Nutrition (3 hours)
- NHM 373 Consumer and Food Economics (3 hours)
- NHM 415 Research in Culinary Science (3 hours)
- NHM 531 Community Nutrition: Theory and Application (3 hours)
- NHM 468 Nutrition/Hospitality Management Study Tour (no more than 3 hours)\*
- NHM 493 Individual/Group Study OR NHM 593 Individual Study (1 to 3 hours)\*
- NHM 522 Nutrition Policy (3 hours)
- NHM 595 International Study Tour (3 hours)\*
- Non-NHM food studies-related course (no more than 3 hours)\*
- \*NHM 468, 493, 593, and 595, as well as other NHM courses and non-NHM courses, must be food studies-related and require prior approval by the director/department chair.

### Other Academic Requirements

GPA of 2.0 or higher. C or better in all minor coursework.

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

