

## SRA 580: Recreational Therapy for Older Adults Health, Exercise Sci & Recreation Mgmt

A study of the unique recreation and leisure needs of the mature adult; how to contend with the intervening aspects of aging, and how to program for this population in municipal, institutional, and residential settings.

3 Credits

## Instruction Type(s)

Lecture: Lecture for SRA 580

## **Subject Areas**

- <u>Therapeutic Recreation/Recreational Therapy</u>
- Parks, Recreation and Leisure Facilities Management

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