

## EL 148: Introduction to Pickleball Health, Exercise Sci & Recreation Mgmt

EL 148 is an introductory course designed to teach the rules and fundamentals of the game of pickleball.

1 Credit

## Instruction Type(s)

• Lecture: Lecture for EL 148

## **Subject Areas**

• Kinesiology and Exercise Science

## **Related Areas**

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

