

# NHM 425: Adolescents and Families

## Nutrition & Hospitality Management

The social processes, changes, experiences, expectations and requirements of families with adolescents in our society.

3 Credits

### Prerequisites

- [NHM 323: Human Development Across the Lifespan](#)
- [NHM 325: Family Relations](#)
- Pre-Requisite: 24 Earned Hours

### Instruction Type(s)

- Lecture: Lecture for NHM 425

### Subject Areas

- [Family and Consumer Sciences/Human Sciences, General](#)

