

# ES 618: Advanced Muscle Physiology Health, Exercise Sci & Recreation Mgmt

An in-depth study into human skeletal muscle structure and function with reference to exercise-induced plasticity, peak performance, age-related sarcopenia, and clinical pathologies.

3 Credits

## **Prerequisites**

- ES 348: Physiology of Exercise
- ES 611: Exercise Physiology I

### Instruction Type(s)

• Lecture: Lecture for ES 618

## **Subject Areas**

• Health and Physical Education, General

#### Related Areas

- Health and Physical Education/Fitness, Other
- Kinesiology and Exercise Science
- Sport and Fitness Administration/Management
- Sports Studies

