

EL 173: Lifeguarding Health, Exercise Sci & Recreation Mgmt

Techniques of lifeguarding skills, training, aquatic facility management, and emergency care. American Red Cross certification. 2 Credits

Prerequisites

- PH 203: First Aid and CPR
- Must pass pretest

Instruction Type(s)

• Lecture/Lab: Lecture/Lab for El 173

Course Fee(s) **Applied Science**

• \$50.00

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- **Sports Studies**

