

# EL 134: Kayaking Health, Exercise Sci & Recreation Mgmt

Fundamental techniques, safety, and navigation to facilitate skills for open water touring. Pass/Fail grade

1 Credit

## **Prerequisites**

• Second eight weeks only, field trip and fee required

### **Instruction Type(s)**

• Lecture/Lab: Lecture/Lab for EL 134

#### **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

#### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

