

HP 303: Prevention & Care of Athletic Injuries Health, Exercise Sci & Recreation Mgmt

An analysis of injuries most common to each sport, safety procedures, practical procedures for administering first aid.

3 Credits

Prerequisites

- PH 203: First Aid and CPR
- Pre-requisite: HP 203
- Pre-Requisite: 24 Earned Hours

Instruction Type(s)

Lecture/Lab: Lecture/Lab for HP 303

Subject Areas

- Health and Physical Education, General
- Health and Physical Education/Fitness, Other

Related Areas

- <u>Kinesiology and Exercise Science</u>
- Sport and Fitness Administration/Management

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