

# ES 457: Exercise Testing & Prescription Lab

## [Health, Exercise Sci & Recreation Mgmt](#)

Laboratory to accompany ES 456. Students dropping ES 457 must also drop ES 456.

1 Credit

### Prerequisites

- Co-requisite: ES 358; Students dropping ES 358 must also drop ES 359
- Pre-Requisite: 24 Earned Hours

### Corequisites

- [ES 456: Exercise Testing & Prescription](#)

### One-way corequisites

- [ES 358: Exercise Testing and Prescription](#)

### Instruction Type(s)

- Lab: Laboratory for ES 457

### Course Fee(s)

Applied Science ES

- \$100.00

### Subject Areas

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### Related Areas

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

