

NHM 515: Nutrition in Weight Mgmt & Eating Disord Nutrition & Hospitality Management

Energy metabolism and principles of human nutrition applied to weight control. Issues concerning the development and health effects of eating disorders will be examined.

3 Credits

Prerequisites

- NHM 311: Nutrition
- Prerequiste: Junior standing (60 hr).

Instruction Type(s)

• Lecture: Lecture for NHM 515

Subject Areas

• Foods, Nutrition, and Wellness Studies, General

Related Areas

- Dietetics/Human Nutritional Services
- <u>Foodservice Systems Administration/Management</u>

