

Minor - Recreational Therapy (RT)

- [Minor - Recreational Therapy \(RT\)](#)

Minor - Recreational Therapy (RT) Description

The minor (18 hours) in recreational therapy is ideal for students pursuing professions that require skills working with people who have special needs, disabilities, adolescents who are at risk, and older adults. The minor is especially suitable for students majoring in degrees that emphasize major components of sport, recreation, health, therapy, or rehabilitation. Admission to the RT minor is competitive: In addition to other university entrance requirements, students must apply for the minor and be accepted. Not all who apply will likely be accepted. Students may apply for the minor in one of two ways:

- A. Students already matriculating at the university who have completed or are taking Bisc 206-Anatomy and Physiology and SRA 262-Introduction to Therapeutic Recreation may apply for the minor. The application process will consider a student's GPA, motivation, choice of major, writing skills, and maturity.
- B. Students may apply for direct entry to the program prior to beginning their studies at the University of Mississippi. In addition to gaining regular application to the university, students must apply for the RT minor by completing a Supplemental Application, which can be accessed through the HESRM website. The application process will consider a student's GPA, ACT/SAT scores, motivation, prospective choice of major, writing skills, and maturity. Students must complete each course in the RT minor with a grade of "B" or better and must maintain an overall minimum GPA of 2.75. Students not meeting these requirements may be dropped from the minor.

Course Requirements

- SRA 262 - Introduction to Therapeutic Recreation (3)
- SRA 372 - Procedures and Techniques in Therapeutic Recreation* (3)
- SRA 388 - Assessment/Planning in Therapeutic Rec** (3)
- SRA 473 - Supervision and Administration of Therapeutic Recreation Organizations* (3)

Choose two of the following:

- ES 394 - Therapeutic Exercise and Fitness (3)
- SRA 574 - Current Trends in Therapeutic Recreation* (3)
- SRA 580 - Recreational Therapy for Older Adults* (3)

* Prerequisite: SRA 262 ** Prerequisite: SRA 262 & 372

Other Academic Requirements

The recreational therapy minor is open to students who have an interest in therapy and rehabilitation professions and are pursuing a degree in recreation, health, exercise sciences, sport, physical education, gerontology, and related professions. It does not fully meet the curricular NCTRC Certified Therapeutic Recreation Specialist (CTRS) requirements. Students who also complete Human Anatomy and Physiology (Bisc 206) and Abnormal Psychology (Psy 311) and are accepted and complete an approved internship may become eligible for the Certified Therapeutic Recreation Specialist certification upon graduation.

