

## **ES 616: Exercise Physiology II**

### **[Health, Exercise Sci & Recreation Mgmt](#)**

A continuation of Exercise Physiology I to include advanced study of the physical, biochemical, and environmental factors influencing physical performance. Includes critical environmental factors influencing physical performance. Includes critical analyses of current topics and laboratory investigation and demonstration.

3 Credits

### **Instruction Type(s)**

- Lecture/Lab: Lecture/Lab for ES 616

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)

