

ES 348: Physiology of Exercise Health, Exercise Sci & Recreation Mgmt

Study of body systems affected by exercise; functions of these systems during exercise; effects of age, body type, and nutrition on capacity for exercise; techniques of assessing physical work capacity, and a critical analysis of research literature. Students dropping ES 348 must also drop ES 349.

3 Credits

Prerequisites

- Bisc 206: Human Anatomy and Physiology I (Minimum grade: C)
- Bisc 207: Human Anatomy and Physiology II (Minimum grade: C)
- Prerequisite: Chem 103 OR (Chem 105 and Chem 115).
- Pre-Requisite: 24 Earned Hours

Corequisites

ES 349: Physiology of Exercise Laboratory

Instruction Type(s)

Lecture: Lecture for ES 348

Subject Areas

- Health and Physical Education, General
- Kinesiology and Exercise Science

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

