

## SA 622: Phys Aspects of Sport Perform & Monitor

### [Health, Exercise Sci & Recreation Mgmt](#)

In this course, students will be given the opportunity to develop their knowledge of the physiology of sport and the current data-driven monitoring systems that are being utilized.

3 Credits

### Instruction Type(s)

- Lecture: Lecture for SA 622
- Lecture: Online Program for SA 622
- Lecture: Web-based Lecture for SA 622

### Subject Areas

- [Parks, Recreation and Leisure Facilities Management](#)

