

## EL 105: Self Defense Activities Health, Exercise Sci & Recreation Mgmt

Pass/Fail grade

1 Credit

# Instruction Type(s)

• Lecture/Lab: Lecture/Lab for EL 105

#### Course Fee(s) Applied Science

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• \$50.00

## **Subject Areas**

- Health and Physical Education, General
- Kinesiology and Exercise Science

### **Related Areas**

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

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