

# NHM 515: Nutrition in Weight Mgmt & Eating Disord

## [Nutrition & Hospitality Management](#)

Energy metabolism and principles of human nutrition applied to weight control. Issues concerning the development and health effects of eating disorders will be examined.

3 Credits

### Prerequisites

- [NHM 311: Nutrition](#)

### Instruction Type(s)

- Lecture: Lecture for NHM 515

### Subject Areas

- [Foods, Nutrition, and Wellness Studies, General](#)

### Related Areas

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

