

## **NHM 209: Nutrition Science**

### **[Nutrition & Hospitality Management](#)**

Introduction to the principles of the science of nutrition with implications for any applications to food selection for individuals of all ages.

3 Credits

### **Corequisites**

- [NHM 208: Nutrition Science Laboratory](#)

### **Instruction Type(s)**

- Lecture: Lecture for NHM 209

### **Subject Areas**

- [Foods, Nutrition, and Wellness Studies, General](#)

### **Related Areas**

- [Dietetics/Human Nutritional Services](#)
- [Foodservice Systems Administration/Management](#)

