

ES 611: Exercise Physiology I Health, Exercise Sci & Recreation Mgmt

The effects of exercise on the function of the organic systems of the body. 3 Credits

Prerequisites

- ES 348: Physiology of Exercise
- ES 349: Physiology of Exercise Laboratory

Instruction Type(s)

• Lecture: Lecture for ES 611

Subject Areas

- Health and Physical Education, General
- <u>Kinesiology and Exercise Science</u>

Related Areas

- Health and Physical Education/Fitness, Other
- Sport and Fitness Administration/Management
- Sports Studies

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