

## **ES 394: Therapeutic Exercise and Fitness**

### **Health, Exercise Sci & Recreation Mgmt**

An overview of therapeutic exercise and fitness components for at-risk populations with emphasis in preventive and corrective programming.

3 Credits

### **Prerequisites**

- Pre-Requisite: 24 Earned Hours

### **Cross-listed Courses**

- [SRA 394: Therapeutic Exercise and Fitness](#)

### **Subject Areas**

- [Health and Physical Education, General](#)
- [Kinesiology and Exercise Science](#)

### **Related Areas**

- [Health and Physical Education/Fitness, Other](#)
- [Sport and Fitness Administration/Management](#)
- [Sports Studies](#)

