Edwp 344: Physical Literacy: Lifetime Fitness, Exe

Teacher Education

Physical Literacy: Lifetime Fitness, Exercise, and Physical Activity. Students will identify and define what physical literacy means in regards to lifetime fitness, exercise, and physical activity. Proficiency will be obtained in a variety of activities, and best practices for the K-12 setting will be modeled. Upon completion of the course, students will be competent in physical literacy within the K-12 physical education setting.

3 Credits

Prerequisites

- Bisc 207: Human Anatomy and Physiology II
- Edwp 240: Introduction to Health and Physical Educ
- Edwp 241: Movement Fundamentals/Applied Motor Lear
- Pre-requisite: Health and Physical Education (HPE) majors; or Instructor Approval.

Instruction Type(s)

- Lecture: Lecture for Edwp 344

Subject Areas

- Physical Education Teaching and Coaching

Related Areas

- Art Teacher Education
- Chemistry Teacher Education
- Computer Teacher Education
- English/Language Arts Teacher Education
- Family and Consumer Sciences/Home Economics Teacher Education
- Foreign Language Teacher Education
- Mathematics Teacher Education
- Music Teacher Education
- Physics Teacher Education
- Reading Teacher Education
- Science Teacher Education/General Science Teacher Education
- Social Science Teacher Education

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