

SRA 394: Therapeutic Exercise and Fitness Health, Exercise Sci & Recreation Mgmt

Overview of therapeutic exercise and fitness components for at-risk populations with an emphasis in preventative and corrective programming. 3 Credits

Cross-listed Courses

• ES 394: Therapeutic Exercise and Fitness

Instruction Type(s)

- Lecture: Lecture for SRA 394
- Lecture: Web-based Lecture for SRA 394

Subject Areas

- Parks, Recreation and Leisure Facilities Management
- Parks, Recreation, Leisure and Fitness Studies, Other

The University of Mississippi is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award certificates and baccalaureate, master's, specialist, and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097, call 404-679-4500, or visit online at www.sacscoc.org for questions about the accreditation.

